

This walk takes in Heaton Park and follows the Irwell through Blackley Forest. It passes through a number of other urban parks to reach Harpurhey Ponds and finishes in the historic Queens Park.

5

A pleasant walk through parks starting at Boggart Hole Clough and finishing at Heaton Park. On the way the walk passes through several smaller urban parks and Blackley Cemetery.

4

This route starts in one of the first public parks and finishes in one of the newest public parks in the country. It showcases some of Manchester's historical industrial architecture and housing alongside modern buildings. It follows the link canal between the Rochdale and Ashton Canals and the lower Medlock Valley, and finally reaches Mayfield Park before passing under the Mancunian Way to finish at Ardwick Green.

6

An urban walk through parks and along Manchester's famous 'Curry Mile'.

7

An urban walk linking Whitworth Park and Alexandra Park going through Moss Side.

8

An urban walk which links Hough End to the Fallowfield Loop Line and Chorlton Park.

9

This walk follows the River Mersey to Chorlton Water Park, and a loop around Southern Cemetery.

10

An urban walk which takes you through Kenworthy Woods and into Wythenshawe Park.

11

A riverside walk following the Trans Pennine Trail along the banks of the River Mersey finishing at the beautiful Fletcher Moss Gardens.

14

An urban walk through woods and open spaces and going through Peel Hall Park with its historic moat.

13

An urban walk which passes through a small area of elevated open countryside from which fine views can be obtained.

12

A diverse route taking in parks, Gorton Reservoir, a disused canal, now known as the Yellow Brick Road, and ending at Delamere Park in East Manchester

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An urban walk through parks and green spaces ranging from formal parks and playing fields to a local nature reserve.

15

A route taking in two of Manchester's important canals, one of the first public parks in Manchester, Phillips Park, and a newly rewilded river, the Medlock, where the industrial concrete banks of the river have been removed to restore it to its natural state.

2

A mix of urban and park walking, this route includes Moston Vale, Broadhurst Park and ending up following any of the diverse routes through Boggart Hole Clough to Rochdale Road.

3

